



New adventures are exciting! Especially when they add outdoor fun to Maine winters. Ladies & Gents, we bring you... Fat Biking.

A relatively new winter activity, fat biking is a good way to keep peddling through the snowy months. Even better, they are easy to learn to ride; if you can ride a bike, you can ride a fat bike. Fat bikes (aka: fatties) are made for snow. With tires the size of monster truck tires, they easily push their way through uneven terrain. Below, we have put together a few tips and trail recommendations to get you going.

FIND THE CORDUROY

Although fat bikes have big wheels, riding on groomed or hard packed trails will be an easier way to travel. Similar to skis or snowshoes, anytime they get into uncharted territory, travel will be more work. The harder the pack, the smoother the ride.

HILLY NAVIGATION

While navigating snow covered hills, fat wheels act different than wheels on hard packed dirt trails. Going quick around corners may bring the back end of the bike around in a hurry on unstable surfaces (sugary snow or ice). Be prepared for a little back wheel wiggle and you will handle those turns like a pro.

Overall getting used to how a fat bike will handle takes some fun practice, but our trail system is a great place to try this new wintry adventure.

TRAILS WE **P** FOR FAT TIRE FUN

Green = Easy (give it go)

Blue = Moderate (confidence builder)

Black = Expert (game on)



- Narrow Gauge (keep an eye out for other groomed single track trails maintained by our friends at CRNEMBA)
- Maine Hut Trail

Trails around Poplar Hut will add a little challenge to your new skills. Most trails stay groomed or packed with gradual hills sprinkled in.



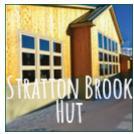
- Service Road
- Maine Hut Trail
- Shore Trail (not groomed)
- Birch Trail (not groomed)

Flagstaff has easier trails to try biking in the snow. With a relatively flat and shorter approach into the hut, the surrounding trails make it a fun day trip for lunch.



- Maine Hut Trail
- Fisherman's Trail (not groomed)

Although trails around Grand Falls are groomed less often, fat biking is still a great option. You can build your skills in variable conditions. We encourage checking in on our groomers under Trail Updates on our website.



- Narrow Gauge (see Poplar Hut)
- Maine Hut Trail
- Newton's Revenge (steep)
- Oak Knoll (not groomed)

Trails into and around Stratton will add climbing expertise to your resume. This trail system can provide a serious workout. Rewarded at the top with a cookie & hot chocolate when you reach the hut.