

PRINTABLE PACKING LIST

Recommended Essential Items:	
Backpack	Trail Map
40° Compressible Sleeping Bag	Pillowcase
Compressible Pack Towel	Headlamp and/or Flashlight
Light-weight Slippers	Change of Underwear
Toothbrush	Earplugs
Sunglasses	Snacks
Basic First Aid Kit	Water Bottle (Potable water is available at every hut.)
Self-Rescue Kit:	
Whistle	Compass and/or GPS
Multi-purpose knife	Extra Batteries
Emergency/Foil Blanket	Matches and/or a Lighter (waterproof/windproof)
Blaze Orange (Hunting Season Only - November	er)
Optional Items:	
Book/Journal	Camera
Dookjournal	Camera
Summer Recommended Additional Items:	Winter Recommended Additional Items:
Summer Recommended Additional Items:	Winter Recommended Additional Items:
Summer	Winter
Summer Recommended Additional Items: Comfortable Footwear	Winter Recommended Additional Items: XC Skis and/or snowshoes and insulated, waterproof footwear XC Ski or snowshoeing poles
Summer Recommended Additional Items: Comfortable Footwear Base Layer	Winter Recommended Additional Items: XC Skis and/or snowshoes and insulated, waterproof footwear
Summer Recommended Additional Items: Comfortable Footwear Base Layer Sunscreen Swimsuit	Winter Recommended Additional Items: XC Skis and/or snowshoes and insulated, waterproof footwear XC Ski or snowshoeing poles Base layer, top and bottom
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Summer Recommended Additional Items: Comfortable Footwear Base Layer Sunscreen Swimsuit Insect Repellent	Winter Recommended Additional Items: XC Skis and/or snowshoes and insulated, waterproof footwear XC Ski or snowshoeing poles Base layer, top and bottom Insulating layer Outer layer of wind/waterproof jacket and pants
Summer Recommended Additional Items: Comfortable Footwear Base Layer Sunscreen Swimsuit Insect Repellent Cap or Bandana	Winter Recommended Additional Items: XC Skis and/or snowshoes and insulated, waterproof footwear XC Ski or snowshoeing poles Base layer, top and bottom Insulating layer Outer layer of wind/waterproof jacket and pants Gloves or mittens
Summer Recommended Additional Items: Comfortable Footwear Base Layer Sunscreen Swimsuit Insect Repellent Cap or Bandana Rain Gear	Winter Recommended Additional Items: XC Skis and/or snowshoes and insulated, waterproof footwear XC Ski or snowshoeing poles Base layer, top and bottom Insulating layer Outer layer of wind/waterproof jacket and pants Gloves or mittens Hat
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